School of Education

Professional Graduate Diploma in Education (Secondary) Physical Education

Interview Process

As part of the interview, you will take part in a group discussion, an individual interview and a series of practical tasks (Please bring practical kit with you, changing facilities will be provided). The interview panel will normally have 3-5 people on it. It will consist of Elaine Wotherspoon (Programme Leader) as well as other lecturers from the School of Education and Principal Teachers / Teachers of Physical Education from a variety of councils. Where possible, there will also be a current student on the panel who will be available on the day to assist you and provide insight into the course.

Individual Interview

The individual interview starts with a seen question details of which are outlined below. You will then be asked follow up questions about your experiences and further questions to establish your suitability for the course.

Show and Tell - Seen Question

You should be prepared to begin your individual interview with a short response (2-3 minutes) around the following question:

- Why do you want to become a Physical Education teacher?

We are interested in knowing what inspired you to become a PE teacher for example this could be an event or a person or it could be multiple things. We would like you to answer this question as a 'show and tell' response. This means you should bring one item that represents why you want to become a PE teacher. This could be a homemade poster, a resource, a memento, a picture, a poem or something else innovative / creative that will support your response to the question. You will not have access to a computer so please don’t prepare anything that requires technology e.g. a video or PowerPoint

Group Discussion

Discussion will be based on the following topic:

- What makes an effective teacher of Physical Education?

Practical Interview

Dance – Prior to your interview date you should prepare a short dance to the following song:

- Coldplay – Adventure of a Lifetime

We use the version of this song from the 2015 album Head full of Dreams. Your dance should be created in time with the section of the song that starts at 35 seconds into the song and last till 1:05 in the song.
You should be able to demonstrate your ability in the following areas:

- Creativity
- Use of space
- Use of levels
- Rhythm
- Fluency
- Control

You will be asked to work with a group to create a group dance and the final creation will then be performed as a group. The following gives you an outline of the expectations for the timeline of the dance:

- 0-35 seconds group dance intro
- 35-65 seconds individual dances performed at the same time as the rest of the group
- 65-105 seconds – group dance conclusion

**Gymnastics** – Prior to your interview please prepare a gymnastic sequence including a selection (at least 8) of the skills listed below. Please note this list is not a comprehensive list, it is just the minimum expectation if there are other more advanced or combination skills you wish to include in your routine you would be encouraged to do so. You will be working in a matted area that is 12ft by 18ft which is 9 standard gymnastics floor mats placed together in a rectangle.

<table>
<thead>
<tr>
<th>Skill</th>
<th>Skill</th>
<th>Skill</th>
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</thead>
<tbody>
<tr>
<td>Forward roll</td>
<td>Round Off</td>
<td>V Sit</td>
</tr>
<tr>
<td>Backward roll</td>
<td>Handstand</td>
<td>Shoulder Stand</td>
</tr>
<tr>
<td>Straddle roll</td>
<td>Headstand – tucked and</td>
<td>Front support</td>
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<tr>
<td>Dive roll</td>
<td>straight</td>
<td>Straight jump</td>
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<tr>
<td>Cartwheel</td>
<td>One foot balance</td>
<td>Tuck Jump</td>
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</tbody>
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You will perform your routine individually in front of the interview panel and the other candidates. You will be given warm up time prior to performing. Alongside demonstrating a range of skills as listed above you should be able to demonstrate the following:

- Creativity
- Use of space
- Use of levels
- Fluency
- Control
- Body Tension / Extension

**Games**

You will be asked to produce a teaching episode. You will be asked to work with a partner and present a teaching episode in either Badminton or Basketball. You will be informed of the game and be given preparation time on the day of the interview. You will then be expected to deliver the teaching episode as part of your interview. You will be assessed on:

- Voice Projection
- Content
- Presence
- Energy
- Enthusiasm
- Movement
- Positioning

You will also be assessed on your practical ability to perform in Badminton and Basketball.

The overall duration of the interview day depends on the number of applicants on the day. Normally we interview 16 – 20 candidates per day, which would take all morning and afternoon to complete so you should be prepared to spend the whole day on campus.