Weekly Meal/ Shopping Planner

UNIVERSITY OF THE WEST of SCOTLAND
UWS

Student Services
Funding & Advice

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

Shopping List:

What's in the fridge/freezer?

What needs used this week?

Visit **www.uws.ac.uk/money-fees-funding** for tips on making your money go further.